

## Certified Nursing Assistant (CNA) Competency Test

This 50-question competency test is designed to assess knowledge and skills essential for Certified Nursing Assistants. It includes multiple-choice, true/false, and short-answer questions.

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### Patient Care and Basic Skills (10 Questions)

1. **Multiple Choice:**  
What is the most important step when assisting a patient with eating?
  - a) Encourage them to eat quickly.
  - b) Check the food temperature and ensure proper positioning.
  - c) Leave the patient alone to maintain privacy.
  - d) Feed them without asking preferences.
2. **True/False:**  
CNAs are responsible for administering medications to patients.
3. **Short Answer:**  
Why is repositioning a bedridden patient every 2 hours important?
4. **Multiple Choice:**  
When transferring a patient from a bed to a wheelchair, what should you do first?
  - a) Lock the wheelchair brakes.
  - b) Place the patient's feet on the footrests.
  - c) Lift the patient without assistance.
  - d) Ask the patient to jump into the wheelchair.
5. **True/False:**  
Bed linens should be changed even if they appear clean.
6. **Short Answer:**  
List two ways to ensure patient safety when giving a bath.
7. **Multiple Choice:**  
What is the normal adult range for pulse rate?
  - a) 30–50 bpm
  - b) 60–100 bpm
  - c) 120–150 bpm

d) 40–60 bpm

8. **True/False:**

When dressing a patient with hemiplegia, you should dress the strong side first.

9. **Short Answer:**

What is one reason to monitor a patient's intake and output?

10. **Multiple Choice:**

When providing oral care to an unconscious patient, you should:

- a) Use a toothbrush and toothpaste.
  - b) Place the patient in a side-lying position.
  - c) Avoid oral care entirely.
  - d) Perform the procedure with the patient lying flat.
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## Infection Control (10 Questions)

11. **Multiple Choice:**

What is the most effective way to prevent the spread of infection?

- a) Wearing gloves.
- b) Proper handwashing.
- c) Using hand sanitizer only.
- d) Wearing a face mask.

12. **True/False:**

Gloves can be reused if they appear clean.

13. **Short Answer:**

What does PPE stand for, and list two examples.

14. **Multiple Choice:**

When disposing of biohazard waste, it should be:

- a) Thrown in regular trash bins.
- b) Placed in labeled biohazard bags.
- c) Flushed down the toilet.
- d) Burned immediately.

15. **True/False:**

Alcohol-based hand sanitizer is an acceptable substitute for handwashing after caring for a patient with *C. difficile*.

**16. Short Answer:**

What is the purpose of isolation precautions?

**17. Multiple Choice:**

How long should you wash your hands with soap and water?

- a) 5 seconds
- b) 10 seconds
- c) 20 seconds
- d) 60 seconds

**18. True/False:**

A CNA is responsible for ensuring equipment is sterilized.

**19. Short Answer:**

Describe the steps to properly remove gloves after patient care.

**20. Multiple Choice:**

What is the first step when cleaning up a spill of bodily fluids?

- a) Cover the spill with paper towels.
- b) Put on gloves.
- c) Mop the area immediately.
- d) Notify housekeeping.

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## **Communication and Documentation (10 Questions)**

**21. Multiple Choice:**

When communicating with a hearing-impaired patient, you should:

- a) Shout loudly.
- b) Speak clearly and face the patient.
- c) Write everything down.
- d) Avoid speaking directly to the patient.

**22. True/False:**

CNAs can share patient information with the patient's family without consent.

**23. Short Answer:**

What should be included in accurate documentation?

**24. Multiple Choice:**

If a patient refuses care, you should:

- a) Insist on providing care.

- b) Document the refusal and notify the nurse.
- c) Ignore the patient's wishes.
- d) Skip the documentation.

**25. True/False:**

Active listening involves giving the patient your full attention.

**26. Short Answer:**

How should you respond if a patient expresses frustration or anger?

**27. Multiple Choice:**

When documenting a patient's condition, you should:

- a) Include opinions and assumptions.
- b) Record objective facts only.
- c) Use abbreviations not approved by the facility.
- d) Skip minor details.

**28. True/False:**

CNAs are allowed to write in pencil on patient charts.

**29. Short Answer:**

Why is accurate documentation important?

**30. Multiple Choice:**

When answering a patient's call light, you should:

- a) Respond as soon as possible.
- b) Wait until it's convenient.
- c) Ignore it if you're busy.
- d) Ask someone else to respond.

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## **Regulatory and Legal Knowledge (10 Questions)**

**31. Multiple Choice:**

HIPAA regulations are designed to protect:

- a) Patient privacy and confidentiality.
- b) CNA job security.
- c) Insurance reimbursement.
- d) Healthcare equipment.

**32. True/False:**

CNAs are allowed to delegate tasks to other staff members.

**33. Short Answer:**

What is one example of a patient's right under the Patient's Bill of Rights?

**34. Multiple Choice:**

If you witness abuse, you should:

- a) Report it immediately.
- b) Ignore it.
- c) Confront the abuser directly.
- d) Keep it confidential.

**35. True/False:**

CNAs can administer medications under direct supervision of an RN.

**36. Short Answer:**

What should you do if you suspect a patient is being abused?

**37. Multiple Choice:**

Which of the following is NOT considered neglect?

- a) Failing to provide adequate nutrition.
- b) Ignoring a patient's call light.
- c) Assisting a patient with hygiene care.
- d) Leaving a patient in soiled linens.

**38. True/False:**

Patient care should always be documented immediately after providing care.

**39. Short Answer:**

Define "informed consent."

**40. Multiple Choice:**

Advance directives allow a patient to:

- a) Designate a caregiver.
- b) Refuse medical treatments in advance.
- c) Receive free care.
- d) Request only specific medications.

**41. Professionalism and Ethics**

**Questions**

**Multiple Choice:**

41. A CNA demonstrates professionalism by:
- a) Arriving on time, dressed in clean scrubs, and wearing a name badge.
  - b) Sharing patient stories with friends.
  - c) Leaving tasks incomplete for the next shift.
  - d) Using their phone during patient care.

**42. True/False:**

It is acceptable to post patient-related experiences on social media as long as names are not mentioned.

**43. Short Answer:**

Define "ethical behavior" in the context of CNA duties.

**44. Multiple Choice:**

What should a CNA do if a patient refuses care?

- a) Respect the refusal, document it, and notify the supervising nurse.
- b) Insist the patient complies.
- c) Skip the documentation.
- d) Provide care without informing the patient.

**46. True/False:**

CNAs are allowed to share patient information with the patient's family without consent.

**47. Short Answer:**

Why is patient confidentiality important in a CNA's role?

**48. Multiple Choice:**

If you suspect a coworker is mistreating a patient, your responsibility is to:

- a) Report the behavior to your supervisor immediately.
- b) Confront the coworker.
- c) Ignore it if you're unsure of the details.
- d) Share your concerns with other coworkers.

**49. True/False:**

Professionalism includes maintaining a positive attitude, even in challenging situations.

**50. Short Answer:** What should a CNA do to demonstrate respect for a patient's cultural or personal preferences?

**Multiple Choice:**

A patient becomes angry during care. What is the most professional response?

- a) Remain calm, listen to their concerns, and address them respectfully.
- b) Argue with the patient to defend yourself.
- c) Leave the patient without completing care.
- d) Ignore the patient's feelings and finish quickly.

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